

2nd edition



BECOME A BARIATRIC AND METABOLIC SURGEON

FULL IMMERSION FOR YOUNG SURGEONS

Naples, Italy

February 26th - 27th - 28th 2025

Directors *Sonja Chiappetta - Vincenzo Bottino*

Honorary Presidents *Christine Stier - Rudolf Weiner*

ANIMAL LAB

ROBOTIC BARIATRIC SURGERY

ENDOSCOPIC BARIATRIC TREATMENT

ENDOSCOPIC COMPLICATION MANAGEMENT

OBESITY MANAGEMENT MEDICATIONS

NUTRITION AND SUPPLEMENTATION

ENHANCED RECOVERY AFTER BARIATRIC SURGERY

SCIENTIFIC WORK GROUP

Preliminary program



Bariatric and metabolic surgery has become a prominent subspecialty among general surgeons and has proved its safety, efficacy, and durability for the treatment of severe to moderate obesity and its comorbidities worldwide. However, this specialty necessitates years of committed training in experienced centers to yield optimal outcomes. Surgical complications can occur due to a lack of standardization in global education and training. Globally, training and education options in the bariatric and metabolic surgery field are highly variable, and expectations and resources differ among young surgeons (1).

An international experts' survey performed by Young-IFSO in 2023, including 240 respondents from 61 countries, underlined the lack of a standardized global surgical curriculum of bariatric and metabolic surgery during residency.

Therefore, the Young-IFSO Board started in 2024 this “Become a Bariatric and Metabolic Surgeon” series, to give young surgeons the opportunity for a global and practical education to treat obesity in the best way.

The aim of this laparoscopic Animal Lab is to advance surgical education with a mentor-trainee system and to supervise young surgeons regarding the primary bariatric and metabolic surgeries Sleeve – RYGB – OAGB. Surgical tips and tricks will be passed on by experts in a face-to-face scenario.

In a second day parkour we will concentrate on robotic training and on endoscopy training including primary obesity treatment with endoscopic sleeve gastroplasty and endoscopic complication management.

Since Enhanced Recovery after Bariatric Surgery (ERABS) and scientific work are of most importance around bariatric and metabolic surgery, we included a practical hands-on part on both arguments.

Sonja Chiappetta, Vincenzo Bottino

1. Felsenreich DM, Yang W, Taskin HE, Abdelbaki T, Shahabi S, Zakeri R, Talishinskiy T, Gero D, Neimark A, Chiappetta S; Young IFSO Collaborative Group. Young-IFSO Bariatric/Metabolic Surgery Training and Education Survey. *Obes Surg.* 2023 Sep;33(9):2816-2830. doi: 10.1007/s11695-023-06751-8. Epub 2023 Jul 28. PMID: 37505341).

● OBJECTIVE

- *To provide laparoscopic and robotic hands-on experience in bowel anastomosis, stapling techniques, and intracorporeal suturing.*
- *To familiarize with key principles and techniques in common bariatric procedures.*
- *To gain new knowledge regarding endoscopic bariatric therapy and complication management.*
- *To learn perioperative management applying ERABS.*
- *To learn how to interpretate scientific work and how to conduct a clinical study.*

FEBRUARY 26

2nd edition

10:00 am - 03:00 pm
FULL IMMERSION DRY LAB

03:00 pm - 05:00 pm
COURSE INTRODUCTION

Welcome Addresses - Management A.O.R.N Cardaelli

Welcome Introduction Ospedale Evangelico Betania
Vincenzo Bottino

IFSO and Young-IFSO Welcome
Daniel Moritz Felsenreich/ Nicola Di Lorenzo

Results of the Young - IFSO Surveys
Daniel Moritz Felsenreich

SICOB and Next Generation SICOB Welcome
Pietro Calabrese/ Giuseppe Navarra /Maurizio De Luca

Become a Bariatric and Metabolic Surgeon
Sonja Chiappetta

History of Bariatric and Metabolic Surgery and anatomy of the porcine model
Rudolf Weiner

History of Bariatric Endoscopy
Christine Stier

The Italian Education Program for Bariatric Endoscopy
Giuseppe Navarra

History, presence and future of Robotic Bariatric Surgery
Marco Raffaelli

The role of Obesity Management Medications in metabolic and bariatric surgery
Luca Busetto

IFSO-EC Grade-Based Guidelines on the Surgical Treatment of Obesity
Using Multimodal Strategies
Maurizio De Luca

FACE TO FACE EDUCATION AND PERFORMANCE CONTEST DURING THE COURSE

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FEBRUARY 27

PRACTICAL PART 08:30 am - 05:00 pm

08:30 am Enhanced Recovery after Bariatric Surgery (ERABS)

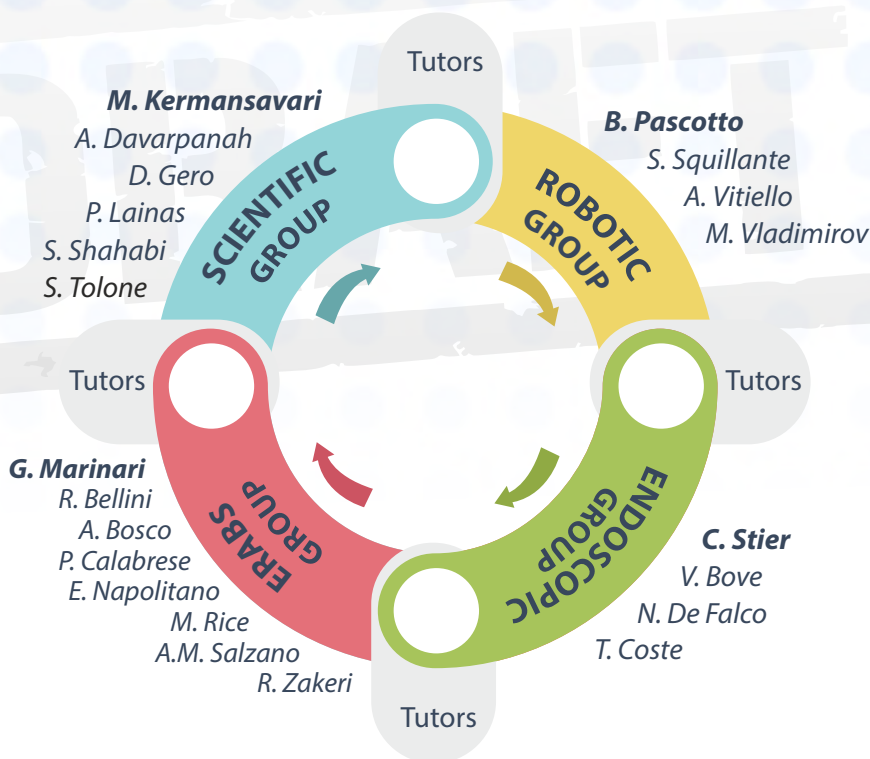
Giuseppe Marinari

GROUP 1 ANIMAL LAB

Laparoscopic animal lab with life registration

Tutors: T. Abdelbaki, L. Angrisani, A.C. Batista Dantas, G. Berardi, U. Bardi, L. Docimo, K. Dolezalova, M. Elsayed Nagy, D.M. Felsenreich, A. Iossa, M. Jenkins, A. Neimark, E. Ruiz Ucar, E. Taskin, W. Yang, D. Zhiyong

GROUP 2 PARKOUR



01.00 pm Sponsored lunch symposium: supplementation during bariatric and metabolic surgery

E. Aarts

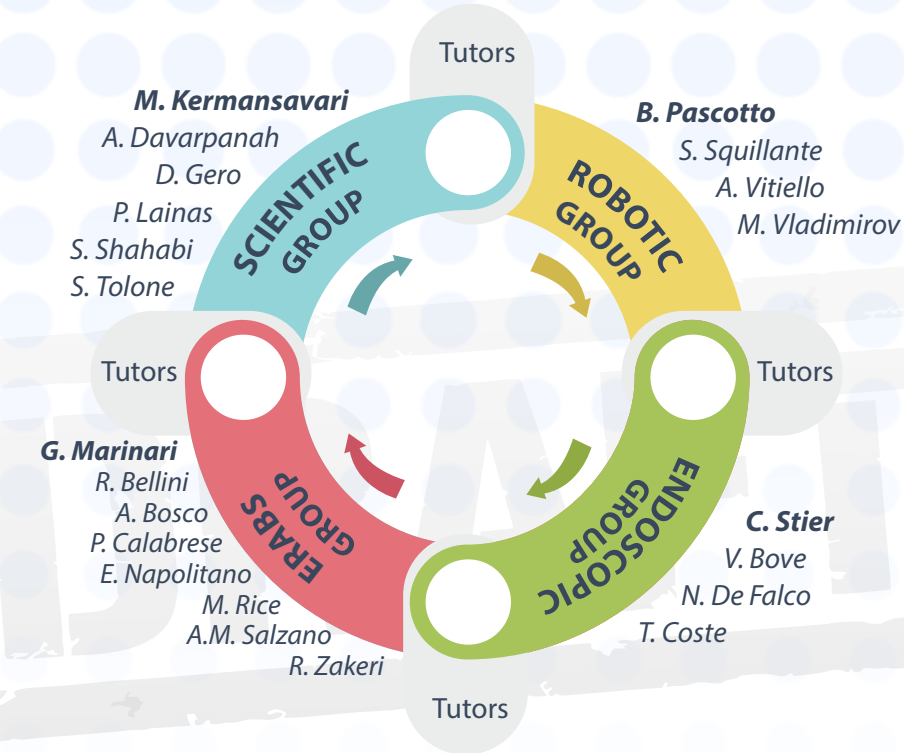
05.00 pm Closure of the day

● FEBRUARY 28

● PRACTICAL PART 08:30am - 04:00 pm

● GROUP 1

PARKOUR



● GROUP 2

ANIMAL LAB

Laparoscopic animal lab with life registration

Tutors: T. Abdelbaki, A.C. Batista Dantas, G. Berardi, K. Dolezalova, M. Elsayed Nagy, D. M. Felsenreich, C. Giardiello, A. Iossa, M. Jenkins, E. Manno, M. Musella, A. Neimark, V. Pilone, E. Ruiz Ucar, E. Taskin, D. Zhiyong

● 01.00 pm Sponsored lunch symposium

● 04.00 pm Premiation and evaluation of the course

● 05:00 pm Closing Remarks

TENTATIVE FACULTY

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- Aarts Edo *Netherland*
Abdelbaki Tamer *Egypt*
Angrisani Luigi *Italy*
Bardi Ugo *Italy*
Batista Dantas Anna Carolina *Brazil*
Bellini Rosario *Italy*
Berardi Giovanna *Italy*
Bosco Alfonso *Italy*
Bottino Vincenzo *Italy*
Bove Vincenzo *Italy*
Busetto Luca *Italy*
Calabrese Pietro *Italy*
Chiappetta Sonja *Italy*
Coste Thibaut *France*
Davarpanah Amir *Iran*
De Falco Nadia *Italy*
De Luca Maurizio *Italy*
Di Lorenzo Nicola *Italy*
Docimo Ludovico *Italy*
Dolezalova Karin *Czech Republic*
Elsayed Nagy Mostafa *Austria*
Felsenreich Daniel Moritz *Austria*
Gero Daniel *Switzerland*
Giardiello Cristiano *Italy*
Iossa Angelo *Italy*
Jenkins Megan *USA*
Kermansavari Mohammad *Iran*
Lainas Panagiotis *Greece*
Manno Emilio *Italy*
Marinari Giuseppe *Italy*
Musella Mario *Italy*
Napolitano Errichetta *Italy*
Navarra Giuseppe *Italy*
Neimark Aleksandr *Russia*
Pascotto Beniamino *Italy*
Pilone Vincenzo *Italy*
Raffaelli Marco *Italy*
Rice Mark *Italy*
Ruiz Ucar Elena *Spain*
Salzano Antonio Maria *Italy*
Shahab Shahabi *Iran*
Squillante Simone *Italy*
Stier Christine *Germany*
Taskin Halit Eren *Turkey*
Tolone Salvatore *Italy*
Vladimirov Miljana *Germany*
Vitiello Antonio *Italy*
Weiner Rudolf *Germany*
Yang Wah *China*
Zakeri Roxanna *UK*
Zhiyong Dong *China*

GENERAL INFORMATIONS

EUROPEAN CME ACCREDITATION



EUROPEAN UNION OF MEDICAL SPECIALISTS (UEMS)
EUROPEAN ACCREDITATION COUNCIL FOR CME (EACCME®)

BECOME A BARIATRIC AND METABOLIC SURGEON - FULL IMMERSION FOR YOUNG SURGEONS - 2nd EDITION, NAPLES, Italy, 26/02/2025-28/02/2025 has been submitted to the European Accreditation Council for Continuing Medical Education (EACCME®) with **European CME credits** (ECMEC®s). Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

To obtain CME EUROPEAN CREDITS Credits, participants should fill an evaluation form which will be distributed at the end of the Course. Subsequently, the certificate of participation will be send by email, including the number of credits obtained.

ITALIAN ECM CREDITS - FOR ITALIAN PHYSICIANS ONLY

The course obtained n. **16 ECM** credits for the following professions: Medical Surgeon specialized in General Surgery, Plastic Surgery, Gastroenterology, Endocrinology, Metabolic diseases and Diabetology, Gynecology and Obstetrics, Internal Medicine, Anesthesiology. ECM credits will be assigned by the Provider SICOB (ID 5631) to all those who have attended for a minimum of 90% of the educational hours. Italian participants will need to sign in every day (26th, 27th, 28th February) at the entrance and at the exit and pass the ECM TEST online with 75% correct answers, within 3 days of the end of the course.

REGISTRATION FEES (Surgeons and Residents)

Early registration (until December 10, 2024)

IFSO member	€ 700
IFSO non member	€ 900
SICOB member	€ 700
SICOB non member	€ 900

Late registration (from December 11, 2024)

IFSO member	€ 800
IFSO non member	€ 1000
SICOB member	€ 800
SICOB non member	€ 1000

THE REGISTRATION FEE ENTITLES TO:

- Access to all sessions and exhibition area;
- Welcome coffee, lunch buffet and pizza dinner
- Certificate of attendance (PDF format);
- EACCME and Italian CME credits (in accordance with the relevant regulation)

GENERAL INFORMATIONS

COURSE VENUE

Centre of Biotechnologies "Antonio Cardarelli" Hospital - Building X
Via A. Cardarelli, 9 – Naples (Italy)

HOW TO REACH THE COURSE VENUE FROM THE AIRPORT

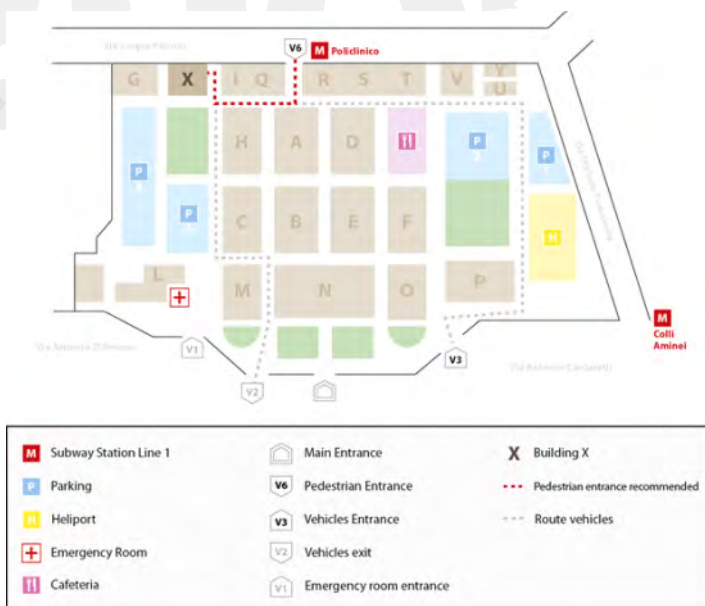
Naples has an International Airport called Capodichino. The Airport has good links to main European cities like London, Paris, Frankfurt, Munich and main Italian cities like Milan and Rome by direct flights. It is located at a 7 km from the city centre. To move from Capodichino International Airport or from the Central Train Station to Naples city centre, you can take the private bus named Alibus.

FROM THE RAILWAY STATION: From Naples Central Train Station, take the subway line 1 direction Piscinola. Stop at Policlinico station. Follow the signs for Cardarelli exit. It's the entrance V6 indicated in the map below. The Centre of Biotechnology is the last building (Pavillion X) on the left at the end of the street.

BY CAR: from the highway, procede on the ring road and take the exit "Zona Ospedaliera" direction Cardarelli. At the end of the ramp you will find at your right the car entrance of the hospital. You can leave your car in parking 1.

BY TAXI SERVICE:

There are several taxi companies, easily reachable by calling at the following telephone numbers:
CONSORTAXI Tel. 0039 0812222 – TAXI NAPOLI Tel. 0039 0818888
LA PARTENOPE Tel. 0039 0810101 – LA 570 Tel. 0039 0815707070



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